



# CLASS SCHEDULE 2023

MON	TUE	WED	THUR	FRI	SAT	SUN
9:00 - 10:00AM Aerial Yoga Level 1 (B) Wennice	9:00 - 10:00AM Aerial Yoga Level 1 (B) Kenix	9:00 - 10:00AM Aerial Yoga Level 1 (E)★ Wennice	9:00 - 10:00AM Aerial Yoga Level 1 (B) collecting students	9:00 - 10:00AM Aerial M.Height All Level Wennice	9:00 - 10:00AM Aerial Yoga Level 1 (B) collecting students	9:00 - 10:00AM Strala Yoga Beginner Grace
7:00 - 8:00PM Aerial Lyra Level 1 (B) Wennice		7:30 - 8:30PM Aerial Lyra Pre-INT. (E)★ Kenix	7.30pm-8.30pm Aerial Yoga Level 1 (B) Wennice	7:00 - 8:00PM Aerial Yoga Basic collecting students	10:30 - 11:30AM Aerial Yoga Level 1 (B) Kenix	9:30 - 10:30AM Aerial Lyra Level 1 (B) Kenix
7:30 - 8:30PM Gentle Yoga (B) Lilian collecting students		7:30 - 8:30PM Aerial Yoga Level 1 (E)★ Wennice	8.45pm-9.45pm Aerial Yoga Private Group Wennice	8:00 - 9:00PM Aerial Lyra Level 1 (B) Wennice	12:00 - 1:00PM Aerial Yoga Level 1 (E)★ Wennice	10:00 - 11:00AM Aerial Yoga Level 1 (B) Wennice
7:30 - 8:30PM Aerial Yoga Level 1 (B) Kenix				8:15 - 9:15PM Aerial Yoga Level 1 (E)★ Kenix	1:30 - 2:30PM Aerial Yoga Kids (B) collecting students	
8:00 - 9:00PM Aerial Hammock All Level★ Wennice					5:00 - 6:00PM Aerial Hammock All Level★ Wennice	

Remarks: DM us to arrange for Private Class / Rent of studio practise room.

(B) - Beginner

(E) - Experience

Difficulty Level - Medium★